

# THE ENGLAND EXPERIENCE

## A Golfer's Dream...



Do you enjoy playing golf but feel there is still room for improvement? Do you wish you could enjoy every game you played? Now is your chance to do so.

The English Golf Union (EGU) is offering an unbelievable opportunity, a chance to live the England Team experience and receive the same unique and privileged training.

The England Experience cannot guarantee to make you into the next Chris Wood or Lee Westwood but it can give you advice and show you techniques that will help you to improve your game. The England coaches will be there to guide you in the same way they are there for the England teams. The information they relay could radically change the way you think and play the game and when the whole England Experience is over, you will take home a unique and fundamental knowledge that will put you ahead of the game.

## SIGN UP NOW AND LIVE THE DREAM



Tel: 01526 354500

 **ENGLISH GOLF UNION**  
...at the heart of golf

[www.englishgolfunion.org](http://www.englishgolfunion.org)

The England Experience will take place over three consecutive days and will be held at Woodhall Spa – the home of the EGU.

The three days will be a true reflection of the England teams training. You will learn how to become both mentally and physically strong, to enable you to play at your highest standard.

The England's top amateur players represent their country worldwide. They train relentlessly and strive to be at the top of their game. Golf is their dream, their passion and it takes true strength, determination, guidance and support to achieve this.

**Why not put the same passion and drive into your game?**

## TAKE ADVANTAGE OF THE FINEST FACILITIES



You will be playing on the prestigious Hotckin Course at Woodhall Spa, one of Britain's finest courses rated best inland course in the UK. It is built on

sandy soil which allows play all year round and it is renowned for its formidable bunkers and narrow fairways.

Coaching will take place at the Academy where you will practice your golf swing at the impressive 18 bay driving range that



looks out onto an area designed to assist the development and practice of a golfers shot making skills. The three day

experience will also include a chance for you to improve your short game on the world class short game area, with its large putting green and range of individually styled bunkers with varying grades of sand.

**These facilities have produced many of the top players on the European Tour today.**

## LEARN FROM ENGLAND'S TOP COACHES

During the England Experience you will receive training from four England's top Coaches.

**Gary Smith**, the Lead Coach is renowned as one of the best short game specialist coaches with ground breaking philosophies on pitching, chipping and bunker shots.

**David Ridley**, the technical coach who receives excellent results by simplifying the golf swing through easy to understand techniques.

**Dr. Brian Hemmings** is a consultant Chartered Sport Psychologist who has helped develop the mental skills of the England golf team.

Our fourth coach is **Andy Larmour**, a highly respected Golf specific Chartered Physiotherapist, who specialises in improving the foundation of a great golf swing.

This coaching team has worked with and taken players such as Richard Finch, Ollie Fisher, Ross McGowan, Chris Wood, Ross Fisher, Dave Horsey and many more onto success on the professional circuits. Furthermore, both Gary and David are Golf Monthly Top 25 UK Coaches.

Gary Smith – [www.garysmithgolf.com](http://www.garysmithgolf.com)

Dr. Brian Hemmings – [www.golfmind.co.uk](http://www.golfmind.co.uk)

**This is where the dream becomes reality!**



Over a million people play golf but only 51 successfully make the England Squads representing their country worldwide.

**Be one in a million and join us at Woodhall Spa.**

## PROGRESS LIKE CHRIS WOOD

In the summer of 2008 Chris Wood joined the professional game, leaving behind a memorable career in amateur golf. As an England amateur player Chris had many golfing highlights. He will be best remembered when taking a share of fifth place behind Padraig Harrington at the 137<sup>th</sup> Open Championship at Birkdale in 2008.



## ACHIEVE LIKE OLIVER FISHER

Oliver Fisher turned professional a couple of years ago, his talent being compared to the youthful Nick Faldo and Sandy Lyle.

He represented England at Boys and Men's level from 2003 – 2006 and he is now Top 50 in the European Tour.



Other players such as Lee Westwood, Luke Donald and Paul Casey have all broken into the professional game after experiencing the EGU's England coaching programme and are enjoying the public recognition they receive for their incredible talent.

**Why not share in the excellent training routines experienced by Chris and Oliver?**



## THE ENGLAND EXPERIENCE

The England Experience covers all aspects of the game and once revealed will change your outlook on golf, giving you a new way of understanding and mastering the game.

The end result from this unique and gratifying event will be the lifelong experience you will take away with you, transforming you into an all round better golfer.

**SIGN UP NOW** to take part in the England Experience. A three day event spent with four world-class coaches for **only £799** including all food and accommodation.

For more information on being a part of the England Experience, please contact Stephen Burnett on 01526 354500 or email us at [sburnett@englishgolfunion.org](mailto:sburnett@englishgolfunion.org). You can also find all the details on our website [www.englishgolfunion.org](http://www.englishgolfunion.org).

This experience is open to **all golfers** who love the game and welcome a challenge of a lifetime.

**Please note there are only limited spaces available**

## IT IS NEVER TOO LATE TO LIVE THE DREAM!



*"Being part of a national squad and competing against your peers only inspired me to work even harder at my game to become better than everyone else."*

**Chris Wood**

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## THE ENGLAND EXPERIENCE

### ITINERARY

16<sup>TH</sup> – 18<sup>TH</sup> March

The National Golf Centre

Woodhall Spa

#### Monday 16<sup>th</sup> March 2009

11.00	Arrival
11.15	Welcome – Meet The Pros
11.30	Light Lunch
12.15	Warm Up – Prepare for Game
13.00 – 13.30	18 Holes on Hotckin Course
After Game	Check into Hotel
19.00	Welcome and Introductions
	<b>Gary Smith</b> - Lead Coach <b>David Ridley</b> - Technical Coach <b>Dr Brian Hemmings</b> - Sport Psychologist <b>Andy Larmour</b> – Physiotherapist
20.00	Dinner

#### Tuesday 17<sup>th</sup> March 2009

07:00	Fitness club
07.45	Breakfast at Hotel
08.45	Meet at Range –The Way Forward Action for the Day Group Stretch

09:15 Into Groups - Half the Team Long Game  
Half the Team Short Game  
One to Ones with Brian Hemmings  
Individual appointments with Andy Larmour during the morning

12:45 Lunch

13:30 Groups Change Over  
Long Game & Short Game Area

17:00 Review of the day

20:00 Dinner

### **Wednesday 18 March 2009**

07:00 Fitness club

07:45 Breakfast at Hotel

08:45 Update of Today's Timetable  
Action for the Day  
Group Stretch

09:15 Into Groups – Half the Team Long Game  
Half the Team Short Game

11:00 Groups Change Over  
One to Ones with Brian Hemmings  
Individual appointments with Andy Larmour during the morning

12:45 Lunch

13:30 Putting Afternoon including Green reading & Plane of stroke

15:00 Skills test

16:30 Review of the England Experience and Coaches assessment

17:30 Close of England Experience – Players Depart





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*...at the heart of golf*

## Registration Details

# THE ENGLAND EXPERIENCE

16<sup>TH</sup> – 18<sup>TH</sup> March

The National Golf Centre

Woodhall Spa

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

To guarantee your place at the England Experience please send your completed registration form plus cheque for £799 to the address below. Cheques should be made payable to The English Golf Union Ltd.

Once we have received your payment and personal details we will then send you confirmation of your place and further information regarding the England Experience.

**Stephen Burnett at The English Golf Union**

**The National Golf Centre, The Broadway, Woodhall Spa, Lincolnshire, LN10 6PU**

**Tel: 01526 354500 Fax: 01526 354020**

**Email: [sburnett@englishgolfunion.org](mailto:sburnett@englishgolfunion.org)**